

RETURN to ARCHERY

Operational Plan - COVID 19



Submitted By

3Di Target South Africa

June 24, 2020

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1. INTRODUCTION:

On Saturday 30th May 2020, the Honorable Minister Nathi Mthethwa announced details of the Directions for Sport, Arts and Culture under the Disaster Management Act No. 57 of 2002 to the media and public. The Minister announced the staggered opening of professional non-contact sport and professional athletes training as outlined in the Regulations published on the 28 May 2020.

The directions which Minister Nathi Mthethwa announced, focused primarily on sectoral implications in relation to the Government Level 3 Risk adjustment strategy to be employed in preventing and combating the spread of COVID- 19. Sport bodies are required to comply with the Directions and submit operational plans as outlined

Archery as specified in Annexure A of the Government Gazette of June 11 2020, is a Non-Contact Archery discipline practiced on a District, Provincial, National and International level, In Line with the World Health Organisation directives, 3D Archery is deemed a Low Risk sport, 3Di Target SA, is also a member in 'Good Standing' with the South African National Archery Association ("SANAA").

This document is submitted by 3Di Target South Africa and outlines the safe return to 3D Archery under alert level three, for professional athletes, support staff and officials during training for preparation of club and provincial leagues, national and international tournaments. A staggered approach has been proposed to ensure the safety of athletes, support staff and officials. The Operational Plan shall be similarly implemented, but accordingly adjusted informed by any Regulations and or Directions as determined by the Government regulating sporting activities under Government Level 2 and 1.

2. QUICK GUIDE

**** SEE THE QUICK GUIDE ON THE NEXT PAGE**

Quick Guide

3D Archery Training & Implementation



**3D Archery = NON
Contact Sport**



**Considered by WHO
as a LOW RISK sport,**



**Training for National
& International Events**



**Outdoor Sporting
Activity**



**Small Shooting
Group : 2 - 4 Max**



**Compliance Officer
on Duty**



**Hand Sanitizing
Stations**



**2 Meter Social
Distancing**



**Bathroom Facilities
Sanitized**



**Only Online
Registrations**



**NO Public
Gathering**



NO Spectators



**NO 3D Ranges
in Hot Zones**



**NO Sharing of Any
Equipment**



**NO Sit Down Food
Sales**



**NO Alcohol
Allowed**



**NO Prize Giving
Ceremony**



**NO Archers > 60
Years on Level 3**



**Access control
to the venue**



**60% Reduced
Admin Personnel**



3. WHO IS 3Di TARGET SOUTH AFRICA?

3Di Target South Africa is the National Federation responsible for the sport of 3D Archery in South Africa and duly affiliated and in good standing with SANAA. 3D Archery is a non-contact sport and may as per determination by the Honorable Minister Nathi Mthethwa and subject to the directions issued by the Minister, resume with matches and training. 3Di Target South Africa was specifically, due to the diversity of the different disciplines in Archery, granted permission by SANAA to submit our application separately, see **Annexure C**.

4. WHAT IS 3D ARCHERY?

3D Archery is remarkably similar to the structure of golf. 3D Archery ranges typically setup outdoors on large outdoor areas of African bushveld. This discipline gets its name from the three-dimensional animal targets that challenge archers at each shooting station. Like golf 3D archery has similar number (4), dedicated shooting lanes (holes in golf) with specific indicated pegs (tee's in golf) from where an archer's shoots at a 3D target (greens in golf).

5. WHO ARE THE ATHLETES?

3D archery in South Africa is practiced competitively and archers can obtain provincial, national and for the purposes of international competition, qualify for Protea colors and recognition. The proposed athletes to return to training in phase one has been determined by the definitions in the gazette regulations – more specifically:

- **Definition of a professional athlete** – which includes a member of a training squad for a relevant sporting or sports body.
- **Definition of a sports body** – meaning any national federation, agency, club, or body involved in the administration of sport or recreation at local, provincial, or national level.
- The definition of the suspension of sporting, arts, cultural and religious events - specifically allowing professional non-contact sporting events for the purpose of preparation of major multi-coded events, international championships, national championships, local leagues at club, provincial and national level excluding combat sport.

6. HIGH LEVEL OVERVIEW OF RISK MITIGATION PLAN:

1. A compliance officer, from a monitoring and compliance perspective, has been appointed at national level.
2. Screening protocols, in full compliance with relevant directions, will be in place at all venues for all archers.
3. All venue facilities and areas of the venues will be disinfected before use and cleaned on a regular basis in line with government protocols.
4. Registers recording the information of archers as per relevant directions will be held for 6 months post training events.
5. Social distancing and control measures will always be in place and at all venues. This will include a dedicated isolation area and the steps that need to be taken if someone using a venue tests positive for COVID-19 or is suspected of having COVID-19.
6. Only archers will be permitted to train and restrictions on training group sizes will be put in place as to conform to current level 3 regulations.
7. Attendance registers/logbooks (including electronic registers) will be kept at each venue for contact tracing purposes.
8. From an events perspective - events would initially be held on a strict per Province and archer will therefor not travel outside of their province of residence to participate, unless allowed to do so in line with the national risk adjusted strategy travel regulations and or directions.
9. Archers and all other relevant event personnel will need to confirm in writing if they have undergone a COVID-19 test, have been cleared and are medically fit to compete.
10. Hotspots: No training ranges may be setup in Hotspots as declared
11. Age limit: Only athletes, support staff & officials under the age of 60 with no comorbidities will be allowed to participate. ** Our understanding is that this restriction is specific to matches (tournaments and events).

7. STATE OF READINESS QUESTIONNAIRE

**** SEE STATE OF READINESS QUESTIONNAIRE ON THE NEXT PAGE**

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State of Readiness Questionnaire



Checklist	YES	NO
Have you done a risk analysis?	YES	
Have you appointed a Compliance officer?	YES	
Do you have Access Control and an attendance register at the gate?	YES	
Have you developed a screening questionnaire and guideline?	YES	
Have you acquired equipment for daily temperature testing and screening?	YES	
Will the adapted Training Range rules be displayed at the venue?	YES	
Will key personnel have vital info regarding COVID 19 and our Operational Plan on hand?	YES	
Will all the training Ranges / Venues be sanitized prior to opening each day?	YES	
Have you got social distancing measures in place?	YES	
Will hand sanitizing stations be available at the key areas on the venue?	YES	
Will there Up-to-date COVID 19 related signage at key points?	YES	
Have you got a positive response guideline?	YES	
Have you got a procedure in place to refer archers for testing should they display any symptoms?	YES	
Have you identified isolation facilities?	YES	
Have you outlined a procedure for returning to archery after testing positive?	YES	
Have you made provision of adequate facilities for the washing of hands with soap and water?	YES	

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Operationa Plan - COVID 19



8. PROPOSED TRAINING RANGE OPENING: July 1, 2020

Return to matches (Tournaments and Training Ranges)

It is proposed that 3D events be allowed to return under the current level 3 regulations should it conform to prescribed disaster guidelines. This would include high-performance training events and league tournaments, shot on a strict per Province / per District basis – behind closed doors.

In other words, archers will not travel outside of their South Africa province of residence, unless allowed to do so in line with general national government regulations informed by the national risk adjusted strategy.

- The participation numbers would be restricted to ensure compliance with all government regulations.
- There would be a maximum of two District or Provincial events a month.
- Where possible matches and training ranges & events would be staggered over two days or two weekends.
- All venues will comply fully with all guidelines.

**** Please see a list of 3D Clubs and Venues on Page 9**

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3D Training Ranges & Venues



9. 3D TRAINING RANGES & VENUES

CLUB	PROVINCE	MUNICIPAL DISTRICT	CITY	SUBURB	POSTAL CODE
Wildcrete 3D Club	Gauteng	Tshwane	Centurion	Doringrandjes	0157
George Boogklub	W-Cape	Eden	George	Wilderness	6538
Senekal Archery Club	Free State	Muni Sesoto	Senekal	Senekal	9600
KOAC	W-Cape	Eden	Knysna	Knysna	6570
Zingela Archery Club	E-Cape	Sarah Bartman	Jeffreys Bay	Kabeljous	6330
Hunters Archery	W-Cape	Cape Metro	Bellville	Durbanville	7550
Bellville Archery Club	W-Cape	Cape Metro	Cape Town	Bellville	7530
Bowtime	W-Cape	Cape Metro	Bellville	Brackenfell	7560
Home of Archery	Gauteng	Johannesburg	Johannesburg	Crown Mines	2091
De Doorns 3D	W-Cape	Overberg	Breedevallei	De Doorns	6875
Archery 101	W-Cape	Cape Town	Cape Town	Melkbosstrand	7437
Nyati Archery Club	E-Cape	Buffalo City	East London	Beacon Bay	5241
Club Archers Edge	Gauteng	Tshwane		Moraletta Park	0044
Ouwerf Archery	Gauteng	Cullinan	Pretoria	Rayton	1001
Thabazimbi Archery	Limpopo	Waterberg	Thabazimbi	Thabazimbi	0380
Gabatta Lodge	Gauteng	Tshwane	Pretoria	Kameelfontein	0063
Nonyane Bush Camp	Gauteng	Tshwane	Pretoria	Wildebeeshoek	0082

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3D Training Ranges & Venues



10. OPERATIONAL PLAN

In line with our COVID 19 Operational response the following Level 3 changes are implemented with immediate effect –

1. Training and Matches (Tournaments) to continue as proposed.
2. Ranges are set out in the Countryside, outside of any designated COVID Hot Spot areas.
3. These training ranges and will remain open for 2 days. This is done to dilute the numbers and to spread the archers over a 48 Hour period.
4. 3D Archers are encouraged to shoot these Training Ranges in a more controlled environment, not only to remain healthy and COVID free, but to maintain their scores, averages and to maintain their international qualifying criteria and rankings for upcoming World Championship Events.
5. No spectators will be allowed at any of the Training Ranges.
6. No alcohol is allowed at any of the venues.
7. There will be no sit-down service at any venue,

10.1 BASIC HYGIENE RULES:

Archers will be encouraged at all material times to adhere to at least the following basic hygiene rules.

- Always maintain 2 meter social distancing
- Wash hands before and after shooting
- No shaking of hands and no "high-fives"
- Remember to sneeze in your elbow
- Remain at home if you or any member of your family has any symptoms of COVID-19

10.2 SOCIAL DISTANCING PROTOCOL

Social distancing is a simple yet very effective mechanism to prevent potential infection, that relies on simple distance to avoid infection.

In practice this means:

- Staying 2 meters away from others as a normal practice.
- Eliminating contact, such as handshakes or embracing fellow archers or friends.
- Avoiding touching surfaces touched by others, to the extent feasible; and
- Avoiding anyone who appears to be sick, or who is coughing or sneezing.

Archers and or officials are strongly encouraged to regularly disinfect their hands and equipment respectively.

Archers and or officials must be reminded to avoid touching their faces and must sanitize or wash their hands thoroughly with soap and water several times during the course of the day to reduce risk and prevent person-to-person potential infections.

10.3 COMPLIANCE OFFICER

3Di Target South Africa has appointed the following individual as the National Compliance COVID 19 Officer –

Mr. Pierre van Wyk	ID : 7308045240082
Address	5 Ploughmans Lane Eldoraigne Xt 3
Contact details	+27 73 907 0339 / Email pierre@3di.org.za

The duties of the National Compliance Officer will include, but are not limited to specifically monitor Archers and Range compliance with the laws of South Africa, the directions of the Department, this plan and any such other directives issued by 3Di Target South Africa herein.

The Compliance Officer will monitor Target Ranges activities to ensure that archers adhere to social distancing and hygiene measures to reduce the spread of the COVID-19 virus.

Ensuring compliance to the 2 m social distancing rule and good hygiene is a joint responsibility of the COVID-19 Compliance Officer and archers.

3Di Target South Africa will constantly monitor this structure to ensure its effectiveness in preventing the spread of COVID-19.

10.4 REGISTRATION & ADMINISTRATION

1. No archer will be allowed to partake in any Training Range without a complete Shooter Profile with all your relevant information.
2. Only Online Registrations for Training Ranges times will be allowed.
3. There will be No Registration area or point of sale at the ranges,
4. Admin and Range Officials will be limited to (1) each.
5. Shooting Groups and shooting times will be captured / finalized Online Only.
6. Groups will consist of a minimum of 2, and a maximum of 4 archers.
7. Rules and Ranges Briefing will not take place prior to the session, but will be emailed to you (1) Day Prior to the allotted time.

10.5 VENUE ACCESS & DATA CAPTURING

1. Venues will have (1) Entry and Exit Point,
2. The entry point will have a Compliance official, temperature screening and hand sanitizing station.
3. Access Control and Captured Data will include a Symptoms Declaration and a Hygiene / PPE and Social Distance Declaration. Temperature, Physical address as well as email and mobile contact detail. **See Addendum B**
4. Data will be saved and available as specified by current COVID Disaster Regulations,
5. Entry will be prohibited to anyone without the required PPE's that may be deemed a **Potential High Risk** to archers and personnel on site,

10.5 PRIOR TO PARTICIPATING IN A TRAINING RANGE / TOURNAMENT

An archer will not be permitted to train or compete in matches if such an archer has:

- Been in contact with someone with COVID-19 in the last 14 days; or
- Have any flu-like symptoms; or are in a high-risk health category.
- The archer must withdraw and not enter any forthcoming training days and or tournament until he/she has been declared medically fit and able to complete.
- If an archer has entered into a tournament that is to commence within the 14-day period from his/her initial withdrawal, the archer will automatically be withdrawn from the said training day / tournament.

10.6 PRACTICE RANGE & 3D TRAINING RANGES

1. 3D Training Ranges, similar to golf, will comply with already approved numbers & starting times.
2. Practice Range Targets will be staggered to a minimum of 10-meter intervals.
3. Only (1) archer is allowed to train per target on the Practice Range.
4. An archer will only be allowed (30) minutes on the Practice Range prior to his or her training Range starting time.
5. Archers will draw their own arrows.
6. You will have (15) minutes to move from the practice Range to the Training Range,
7. Depending of the numbers allowed, a training Range will take 80 -140 minutes to complete.
8. Once completed, an archer will have 30 minutes to warm down and leave the venue.

10.7 EQUIPMENT

1. No sharing of equipment will be permitted,
2. Each archer must pull own arrows from target.
3. Sanitizer as per Ministerial Directions will be provided and archers will be encouraged to regularly sanitize their hands and equipment.
4. The Compliance Officer will ensure regular sanitization of 3D targets,

10.8 RANGE BRIEFING / RESULTS

1. Score Cards are dropped of in a sealed scoring box and the duplicate is held in your possession.

2. In line with the public gathering restrictions there will be no Rules Briefing prior to you entering the range, and no results posted after the Training Range at the venue.
3. Results are posted on the Website and your Weighted Average / Handicap and your ranking will be updated online.

10.9 PROTOCOLS FOR MANAGING POSITIVE CASES

The following applies equally to training ranges and or matches (tournaments and events).

Response to someone displaying symptoms of COVID-19 DURING screening ON ENTRY to the venue / event:

* dry cough, * fever, *malaise, * shortness of breath, *sore throat, * muscle aches or other flu-like symptoms.

**** Archer must be sent home and advised to go to their nearest health provider for testing and archer must advise 3Di Target South Africa of the outcome of the test.**

10.10 RESPONSE TO SOMEONE DISPLAYING SYMPTOMS OF COVID-19 DURING THE TRAINING

- Identify a room or area where someone who is feeling unwell or has symptoms can be safely isolated. Where an individual isolation room is not available, a 2-metre distance should be kept between suspected COVID-19 cases and other people.
- Provide them with a mask if necessary, organise for them to contact their own health provider and arrange for them to be safely transferred to a facility advised by the health provider.
- Let all participants know that someone at the event/training is a suspected COVID-19 case.
- Advise them to monitor themselves for symptoms for 14 days and take their temperature twice a day.
- Advise them of the result once the test has been completed.

10.11 IN THE EVENT OF A PLAYER TESTING POSITIVE FOR COVID 19 WHILE AN EVENT IS IN PROGRESS OR WHILE USING A VENUE FOR TRAINING PURPOSES

- Venue is immediately shut down for deep cleaning
- New venue to be found to stage the event
- Players having potentially come into contact with the infected player to be notified

10.12 RESPONSE TO SOMEONE DISPLAYING SYMPTOMS OF COVID-19 AFTER THE EVENT

- Retain the names and contact details of all participants for at least six months. This will help public health authorities trace people who may have been exposed.
- If one or more participants become ill shortly after the event and test positive.
- They should be advised to monitor themselves for symptoms for 14 days and take their temperature twice a day.
- If they develop even a mild cough or low-grade fever (temp of 37.3 C or more), shortness of breath, sore throat, muscle aches or other flu-like symptoms from 2 – 14 days after contact with a person suspected of Covid19 they should stay at home and self-isolate.
- This means avoiding close contact (2 meter or nearer) with other people, including family members.
- Close contact is defined as a person having face-to-face contact (≤ 1 metre) or having been in a closed space with a suspected or confirmed COVID-19 case for at least 15 minutes.
- Asymptomatic close contacts should not routinely be tested but should just monitor themselves for 2 - 14 days after contact.
- They should also telephone their healthcare provider or the local public health department, giving them details of their recent travel and symptoms.

10.13 RESPONSE TO SOMEONE BEING CONFIRMED POSITIVE FOR COVID-19 AFTER THE EVENT

- Inform the compliance officer of the venue/club so that they can follow the necessary protocols and close the facility for deep cleaning.

- Inform 3Di Target South Africa so that assistance can be offered where necessary.
- Inform all participants that someone at the event/training has been confirmed as COVID-19 positive so that they can monitor themselves for 14 days and take their temperature twice a day.
- Advise them that if they develop even a mild cough or low-grade fever (temp of 37.3 C or more), shortness of breath, sore throat, muscle aches or other flu-like symptoms from 2 – 14 days after contact with the infected person, they should stay at home and self-isolate.
- This means avoiding close contact (2 meter or nearer) with other people, including family members.
- Supply the names and contact details of all people in attendance, if requested to do so by the health authorities.
- Assist wherever possible with the contacting and tracing of these people.
- All equipment and common areas used by the participant during the event, including toilets, access gates and benches etc. would need to be sanitised before allowing training to resume.

10.14 RETURNING TO ARCHERY AFTER TESTING POSITIVE FOR COVID-19

If an archer and or official has been diagnosed with COVID-19 and isolated in accordance with the Department of Health Guidelines, they may only return to shooting if:

- They have undergone a medical examination confirming that they have tested negative for COVID-19 after at least 14 days isolation.
- They always wear the minimum of a surgical mask for the remaining period of 21 days from the date of initial testing.
- They must adhere to social distancing, hygiene, and cough etiquette; and the compliance officers will closely monitor them for symptoms on return to events.

10.15 AMENDMENT to the STANDARD TERMS & CONDITIONS

Standard clause that must be accepted by an archer when entering a Training Range to remain:

- I hereby agree to abide by the 3D Tournament Rules, Regulations and Code of Conduct. I indemnify 3D South Africa, the Tournament Organisers, Officials and all persons associated with the tournament from all liabilities and claims that could accrue to me or my heirs, executors or administrators as a result of illness, injury or death incurred by participating in this tournament.
- **The following will be added** - Accept to adhere to the specific 3D South Africa COVID 19 tournament rules, regulations and code of conduct which is in addition to the standard 3D Tournament rules, regulations and code of conduct, as well as the general Government requirements relating to social distancing and applicable to the current Government lockdown level;
- Where a tournament venue may have their own additional COVID 19 health and safety precautions, I agree to abide by and follow these measures.
- To take full responsibility and accountability for ensuring health and safety precautions.
- I Agree not to hold any tournament organizer, competitor, official, Provincial Association or 3Di Target South Africa responsible or liable in the event of contracting the Corona virus.
- I Confirm that you have not been in contact with anyone who has tested positive for COVID 19 and have not travelled abroad within 14 days of the commencement of the tournament.

10.16 PROPOSED AMENDMENT TO CODE OF CONDUCT

The enactment of Regulations under the Disaster Management Act 57 of 2002 relating to COVID-19 has necessitated 3Di Target South Africa requiring tournament organisers, officials, parents, coaches and participants to subscribe to a COVID-19 code of conduct and amended tournament rules and regulations in order to permit 3D Archery matches to take place under these special Disaster Management Regulations. All roll players take note that -

- The COVID-19 Code of Conduct is in addition to the existing 3Di Code of Conduct, which is applicable to archers, coaches, and officials.
- The COVID-19 Code of Conduct refers to all health and safety regulations that are in place by National Government and as per the 3Di Target South Africa COVID 19 Tournament Regulations and Procedures.
- All parties need to accept responsibility for their actions and health precautions.
- Wearing of masks is mandatory at all times from the time of getting out of the car in car park, until returning to the car. Archers may only remove masks when stationed at the shooting peg and must put on the mask once their arrow is released.
- No exceptions will be made for any person onsite to not wear a mask. This applies to archers, coaches, tournament organizers, tournament staff and officials.
- In all cases the interpretation and decision of the Compliance Official will be final.

10.17 TRAVEL GUIDELINES

- Non-essential international and domestic travel should be avoided on alert level 3.
- If at all possible, avoid any non-essential travel to identified Hot Zones within our borders,
- Travel to high risk countries should be avoided at all cost.
- Domestic travel over provincial borders can be taken on proviso that it is allowed by the level 3 regulations.
- Pay careful attention to your health and the symptoms of Covid-19 on your return back home

RETURN to ARCHERY

Travel Guide & Personal Declaration Form



This form will be used specifically for matches (tournaments and events) prior to an athlete, official, coach or member of the support staff enter a venue facility.

Travel Guide & Personal Declaration Form

FIRST NAME
LAST NAME
EMAIL ADDRESS
MOBILE NUMBER

1. Have you visited or returned from overseas in the past 14 Days ?
2. If you answered yes, Please indicate the Country/s visited ?
3. Have you been in contact with any person who visited or returned from overseas in the past 14 Days ?
4. If you answered yes, Please indicate the Country/s visited ?
5. Have you visited any Province (Other than the one where you reside) in the last 14 Days
6. If you answered yes, Please indicate the Province you visited as well as the date of your return ?
7. Have you been in contact with anyone who visited any Province (Other than the one where they reside) in the last 14 Days ?

YES	NO
YES	NO
YES	NO
YES	NO

I acknowledge that the information I have given is accurate and complete

Signature

Date

for 3D Archery

Training Range Access Protocol

Date :

[illegible]

Annexure C

24 June 2020

3Di Target South Africa NPC
Per email : pierre@africanbowhunting.org
Attention: Pierre van Wyk

Dear Pierre

SUBMISSION OF COVID-19 "RETURN TO SPORT" PLAN

Following discussions with Johan Dique earlier this morning and having considered the most practical way for each archery discipline to deal with their own discipline-specific Covid-19 "Return to Sport" plans, concerns and requirements, the executive committee of SANAA has agreed that NASP and 3Di are each permitted to submit their own Covid-19 plans to the relevant authority, on the basis set out below.

We appreciate that each archery discipline has discipline-specific issues to accommodate with their plans. We are also alive to the potential difficulties that might arise by trying to include all 3 plans in a single submission, including the possibility of all 3 plans being rejected simply because the relevant authority may be unhappy about something contained in any one of them.

This proposal is on the basis that :

1. NASP and 3Di will each, respectively, be solely responsible for drafting and timeously submitting their own discipline-specific Covid-19 "Return to Sport" plans to the relevant authority, and once approved, to implement, monitor and enforce those plans at club and member level.
2. SANAA will continue with the submission of its existing plan (supplemented and amended where necessary, following final amendments being made today), in which we shall make it clear that it excludes the disciplines of NASP and 3Di.
3. NASP and 3Di, respectively, indemnify SANAA, its members and officials and hold them harmless against any claims, losses or damages that may be made against them or any of them or which they or any of them may suffer, arising from the drafting, submission, implementation, monitoring or enforcement of their respective Covid-19 "Return to Sport" plans or the failure by either or both of NASP and/or 3Di, as the case may be, to properly and lawfully implement, monitor and enforce such plans respectively.
4. The foregoing does not amend the nature of the relationship between SANAA and 3Di (including NASP) nor is it a waiver of any of SANAA's rights under its constitution.

If you accept what is set out above, please confirm so by signing where indicated below and returning the signed document to me by 2pm today.

Yours Sincerely

Barbara Manning

Barbara Manning
Secretary : SANAA



**The South African
National Archery
Association**

Secretary:
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Parkhurst. 2193
South Africa
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Member of the World Archery Federation, IFAA, SASCOC, FAA & Commonwealth Archery